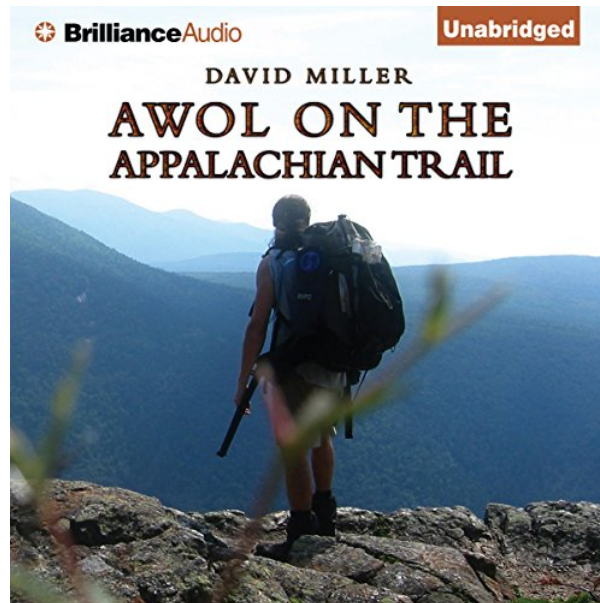


# AWOL ON THE APPALACHIAN TRAIL BY DAVID MILLER



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# AWOL ON THE APPALACHIAN TRAIL BY DAVID MILLER PDF

In 2003, software engineer David Miller left his job, family, and friends to hike 2,172 miles of the Appalachian Trail. AWOL on the Appalachian Trail is Miller's account of this thru-hike from Georgia to Maine. Listeners are treated to rich descriptions of the Appalachian Mountains, the isolation and reverie, the inspiration that fueled his quest, and the rewards of taking a less conventional path through life. While this book abounds with introspection and perseverance, it also provides useful passages about hiking gear and planning. This is not merely a travel guide; it is a beautifully written and highly personal view into one man's journey and the insights gained by abandoning what is comfortable and routine.

- Sales Rank: #3162 in Audible
- Published on: 2012-12-06
- Format: Unabridged
- Original language: English
- Running time: 634 minutes

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Cubicle dweller finds freedom on the Appalachian Trail

By Timecheck

In 2003 David Miller is 41 with a wife and three young daughters. He rejects his computer programming job, and with the consent of his family, starts up the AT. Thus the title.

Near the midpoint of the story, there is a quote: "too much hard work, too much pain, too much time away from my family ..." but he continues. This is a success story. Though he does not say so, David is one of the stronger AT thru-hikers, big miles, day after day. All the usual injuries occur, but these are endured, rather than used as a reason to leave the trail. There is a community of hikers, and the sharing of intense experiences day after day is almost addictive

The reader begins to get a feel for the rituals of shelters and in trail towns. After reading the book, a potential AT hiker should feel much more comfortable with what they are going to encounter. As I read the book, I kept visualizing the AT trails vs the ones I have hiked in California and in Europe - the AT seems much more difficult, though you have more frequent opportunities to get off the trail.

The overall tone of the book is strongly positive. That's a little difficult to explain, since there is a lot about hardship, but trust me, you will understand when you read it.

I recommend this to any long distance hiker, and particularly to someone planning to walk the Appalachian Trail.

234 of 245 people found the following review helpful.

Required reading

By Beechaka

'Awol on the Appalachian Trail' is, quite simply, a wonderful book from start to finish. I have to say that it is one of the most enjoyable, honest, and inspiring accounts that I have read in a long time. This is the best book on the AT that I have yet found.

David Miller / Awol describes his thru-hike on the trail from Georgia to Maine in vivid detail; you really do feel like you are on the trail with him, sharing the highs and lows of the challenge. The conditions of the hike, the fascinating people that he met, the personal and physical challenges, and the gorgeous scenery are all poured into the pages for the reader to soak in.

Although I have not hiked the trail myself, I imagine that this book is as close to doing it yourself as it comes. His ability to narrate the trials and tribulations without downplaying or changing the finer details was appreciated, especially for someone like myself who aspires to one day rise to the challenge of the AT.

The companion web site is fantastic, putting the book in perspective with a wide array of dazzling photos. I found myself referencing them many times as I read new sections of the book.

This book inspired me to take the challenge of hiking the AT and change my life. How many times can a book do that?

Final thoughts -- highly recommended. 5 stars.

170 of 180 people found the following review helpful.

I've read many maybe most of AT Trail books out there....

By Robert Merivel

and have found this to be one of the best among them. Strong writing and accounting from all of the parts of the trail make it a great book for those armchair AT Hikers like myself. It is a nice mix of everyday life and what it takes on the trail, trail relationships (some good, some bad), and various observations on life and the trail. What makes it all that more surprising is it is a Self-Published book. It is definitely worthy of a more tangible publishing house.

I have read other books that generalize large parts of the trail and spend more time on the spiritual, philosophical part of why they are doing the trail but David Miller does not make this a predominant part of the book. Additionally I appreciated hearing about parts of the trail that most books seem to skip and it is a timely account from the year 2003.

I also recommend Mic Lowther's book, "Walking North" for another nice combination of trail accountability and philosophy. Bill Schuettes "White Blaze Fever" is good for a great "nuts and bolts" account of the trail.

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