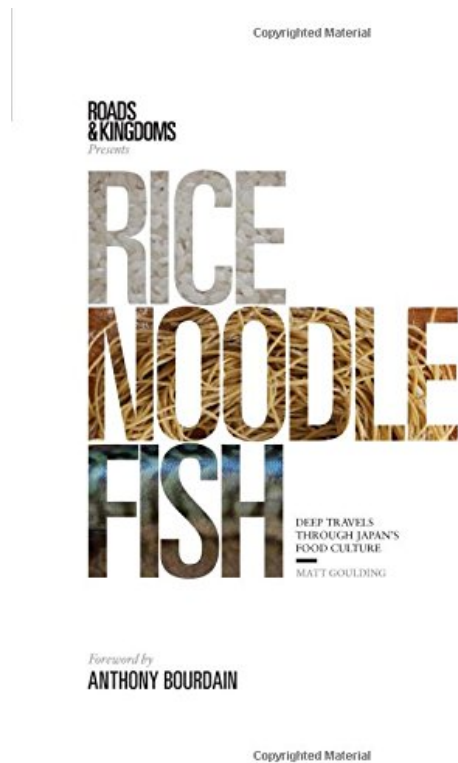


RICE, NOODLE, FISH: DEEP TRAVELS THROUGH JAPAN'S FOOD CULTURE BY MATT GOULDING



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DEEP TRAVELS
THROUGH JAPAN'S
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—
MATT GOULDING

Foreword by
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Review

"The book is evocative, immersive and inspiring, a great read for lovers of Japan, those planning a visit and readers with an interest in food and travel." *Sydney Morning Herald* "Food geeks the world over will love the heart, soul and intent of *Rice Noodle Fish*. A collector's item if ever there was one." *Delicious*

About the Author

Matt Goulding is the US-based co-creator of the popular *EAT THIS, NOT THAT!* series (which sold nearly 9 million copies). He is also chief editor and publisher of *Roads & Kingdoms*, and the former food editor of *Men's Health*. Nathan Thornburgh is chief editor and publisher of *Roads & Kingdoms*, and has spent much of the past decade working at *Time* magazine as foreign correspondent and editor.

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With Australian tourists flocking to Japan in numbers greater than ever before, Rice, Noodle, Fish couldn't have arrived in a better moment. Part travel guide, part cultural celebration, this is the perfect book for anyone obsessed with food (and aren't we all!). Celebrated traveller and writer, Matt Goulding, navigates the intersection between food, history and culture. Organised into seven key regions, Rice, Noodle, Fish explores Japan's most intriguing culinary disciplines in an informative, intelligent, jovial manner. From the kaiseki of Kyoto and sushi masters of Tokyo, to the street food of Osaka and the ramen of Fukuoka, Rice, Noodle, Fish contains countless facts you never knew and would never have guessed. Its a wonderfully detailed, artful book that will have you appreciating your japanese adventure that much more.

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Most helpful customer reviews

0 of 0 people found the following review helpful.

A must-read if you are planning a trip to Japan - or even if you're not

By Michelle F

Five stars for content, deducted a star for Paperwhite formatting. Content GREAT - but the Kindle version has formatting issues that make important parts of the text difficult to read on Kindle Paperwhite. The supplementary text at the end of chapters is in light gray lettering. It's especially annoying because the text is black when you flip the page - then it flashes and become a lighter low-contrast color that is barely readable. It's fine on a computer or color Kindle.

Roads & Kingdoms tells the story of place through food, history, people, and culture. If you are planning a trip to Japan, buy this book, without hesitation. I already had a trip to Japan planned, and the first two chapters have already convinced me that I will have a deeper understanding of what I'm about to experience

because of this book. If you're not planning a trip to Japan, you will want to after reading this. It's making me want to plan a second trip to Japan already. The book is so rich in detail that I know I will only scratch the surface in my first visit. The prose is masterful, dense and engaging. It's a world beyond the typical travel guide that is little more than a list of trivia.

The supplementary information is extremely useful, and none of it is contained in the preview sample. For example, "The Rules of Sushi" details how to properly eat different types of sushi - both to avoid committing an accidental faux pas, as well as to enjoy it in the intended manner: no ginger (it's a palate cleanser), no wasabi in the soy sauce, and always eat nigiri sushi in one bite. It has pictures of different types of sushi, with the name of the item in both English and Japanese script.

It would be amazing if Roads & Kingdoms could update the Kindle version so the text of the entire book is legible in black and white. I even read the sample to check for formatting, since legibility is a very common problem on Paperwhite with anything other than plain black text. The pictures will of course need to be looked at on computer, phone, or color Kindle regardless, which is expected. Despite this, I am thrilled that I heard about this book on "Splendid Table". It will enrich my trip to Japan as well as my understanding of Japanese history and culture.

0 of 0 people found the following review helpful.

... book and learning so much about how I can better appreciate Japanese cuisine

By Venice Philly

I am still reading this book and learning so much about how I can better appreciate Japanese cuisine. I'm also getting all kinds of ideas for planning a trip to Japan. Very worthwhile.

0 of 0 people found the following review helpful.

Made my trip!

By TJC

This book made our family trip to Japan a fun food safari. It brought the cuisine and culture to life.

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