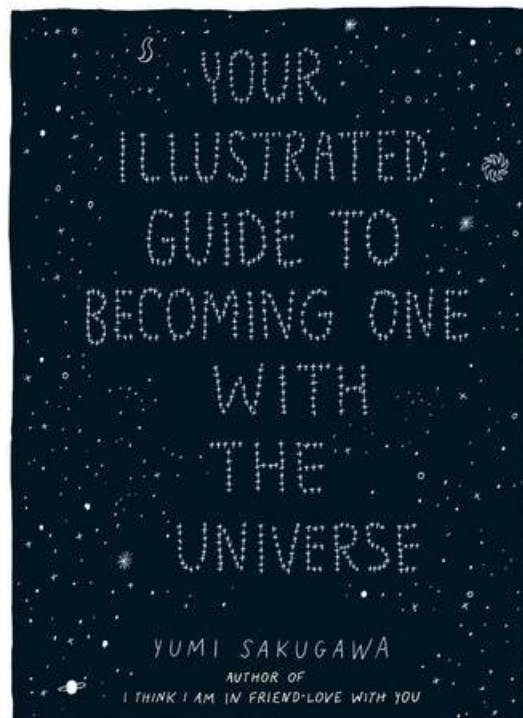
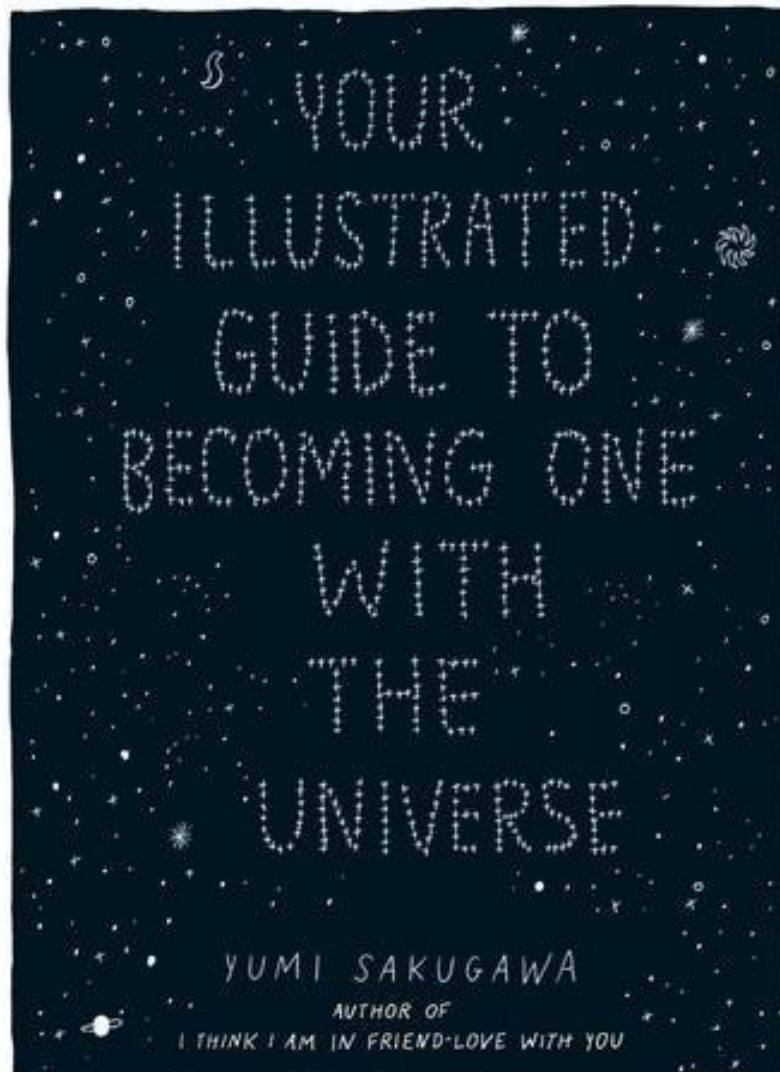


YOUR ILLUSTRATED GUIDE TO BECOMING ONE WITH THE UNIVERSE BY YUMI SAKUGAWA



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A hand-drawn path to inner peace!

Your Illustrated Guide to Becoming One with the Universe will set you free on a visual journey of self-discovery. Set against a surreal backdrop of intricate ink illustrations, you will find nine metaphysical lessons with dreamlike instructions that require you to open your heart to unexplored inner landscapes. From setting fire to your anxieties to sharing a cup of tea with your inner demons, you will learn how to let go and truly connect with the world around you.

Whether you need a little inspiration or a completely new life direction, Your Illustrated Guide to Becoming One with the Universe provides you with the necessary push to find your true path--and a whimsical adventure to enjoy on the way there.

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Features

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